## SaltMED

# Salt FACIAL® PROTOCOL BOOK

### The SaltFacial® Protocol For Acne Vulgaris

Courtesy Of The Laser Lounge Spa (2022)

Treatment Overview: 4 SaltFacial Skin Renewal Therapy Treatments

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 2 passes; level 5

Step 2: AESTHETIC ULTRASOUND

TOPICALS: SF Mandelic Acid DermMasque, SF Gliding Gel

Step 3: LED PHOTOTHERAPY

TREATMENT MODE: Acne Light Therapy

Post-Treatment: NEOVA HA Serum, Ultimate Redness Relief, SilkSHIELD SPF

**Treatment Notes:** 1 full treatment performed 1x per week + LED 2x per week for 4 weeks





#### The SaltFacial® Protocol For Acne Vulgaris

Courtesy Of EMME Medical Spa (2022)

**Treatment Overview:** 3 SaltFacial Skin Renewal Therapy Treatments

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 2 passes; level 5

Step 2: AESTHETIC ULTRASOUND

TOPICALS: SF Glycolic Acid DermMasque, SF Gliding Gel

Step 3: LED PHOTOTHERAPY

TREATMENT MODE: Acne Light Therapy

**Post-Treatment:** Neocutis Hyalis+, ZO Daily Power Defense

Treatment Notes: 1 treatment per month. At home protocol includes Neocutis Skincare and ZO

Skincare.





#### The SaltFacial® Protocol For Acne Vulgaris On Body

Courtesy Of Goodhue Aesthetics (2022)

**Treatment Overview:** 1 SaltFacial Skin Renewal Therapy Treatment

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 5 passes; level 10

Step 2: AESTHETIC ULTRASOUND

TOPICALS: SF Glycolic Acid DermMasque, SF Mandelic Acid DermMasque,

SF Gliding Gel

**Step 3:** LED PHOTOTHERAPY

TREATMENT MODE: Acne Light Therapy

Post-Treatment: SPF

**Treatment Notes:** 1 full treatment performed.







**AFTER** 

#### The SaltFacial® Protocol For Anti-Aging

Courtesy Of Face It Aesthetics (2022)

**Treatment Overview:** 1 SaltFacial Skin Renewal Therapy Treatment

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 1 pass; levels 6-8

Step 2: AESTHETIC ULTRASOUND

TOPICALS: SF Mandelic Acid DermMasque, NEOCUTIS Perle, NEOCUTIS Bio Gel

**Step 3:** LED PHOTOTHERAPY

TREATMENT MODE: Acne Light Therapy

**Post-Treatment:** NEOCUTIS Aftercare, NEOCUTIS MicroDay

**Treatment Notes:** 1 full treatment performed to decrease sun spots and rejuvenate skin.

Belotero filler was also used during the treatment.







**AFTER** 

#### The SaltFacial® Protocol For Anti-Aging

Courtesy Of Face It Aesthetics (2022)

**Treatment Overview:** 1 SaltFacial Skin Renewal Therapy Treatment

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 2 passes; level 8

**Step 2:** AESTHETIC ULTRASOUND

TOPICALS: NEOCUTIS Perle, NEOCUTIS Hyalis+

Step 3: LED PHOTOTHERAPY

TREATMENT MODE: Skin Rejuvenation

Post-Treatment: NEOCUTIS MicroDay

**Treatment Notes:** 1 full treatment performed.





#### The SaltFacial® Protocol For Anti-Aging

Courtesy Of Ducharme Dermatology (2023)

**Treatment Overview:** 2 SaltFacial Skin Renewal Therapy Treatments

Pre-Treatment: Cleanser, Alcohol

**Step 1:** SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 2 passes; level 5

Step 2: AESTHETIC ULTRASOUND

TOPICALS: (Treatment 1) - SaltFacial Mandelic Acid DermMasque, Gliding Gel

(Treatment 2) - SaltFacial Glycolic Acid DermMasque, Gliding Gel

**Step 3:** LED PHOTOTHERAPY

TREATMENT MODE: Skin Rejuvenation

Post-Treatment: (Treatment 1) - Revision Vitamin K Serum, Revision Revox Line Relaxer,

Revision Intellishade

(Treatment 2) - Revision Vitamin K Serum, NEOVA DNA Total Repair,

**NEOVA Ultimate Redness Relief** 

**Treatment Notes:** Electrocautery and cryotherapy used immediately prior to both SaltFacial

treatments to address SGH, cherry angiomas, broken blood vessels, and SK's.





#### The SaltFacial® Protocol For Anti-Aging & Pigment

Courtesy of Bijou Med Spa (2022)

**Treatment Overview:** 2 SaltFacial Skin Renewal Therapy Treatments

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 2 passes; levels 4-7

Step 2: AESTHETIC ULTRASOUND

TOPICALS: (Treatment 1) - SF Mandelic Acid DermMasque, SF Gliding Gel

(Treatment 2) - SF Glycolic Acid DermMasque, SF Gliding Gel

Step 3: LED PHOTOTHERAPY

TREATMENT MODE: (Treatment 1) - Skin Rejuvenation

(Treatment 2) - Collagen Restoration

Post-Treatment: SPF

Treatment Notes: 2 treatments performed 4 months apart. Protocol included RF microneedling and

medical grade skin care regimen between SF treatments.



**BEFORE** 



**AFTER** 

#### The SaltFacial® Protocol For Pigment

Courtesy Of Revenge MD (2022)

**Treatment Overview:** 1 SaltFacial Skin Renewal Therapy Treatment

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 2 passes; levels 8 & 9

Step 2: AESTHETIC ULTRASOUND

TOPICALS: SF Glycolic Acid DermMasque, SF Gliding Gel

Step 3: LED PHOTOTHERAPY

TREATMENT MODE: Skin Rejuvenation

Post-Treatment: SPF

**Treatment Notes:** Advanced treatment technique used for resurfacing portion of treatment.





#### The SaltFacial® Protocol For Pigment

Courtesy Of Revenge MD (2022)

**Treatment Overview:** 1 SaltFacial Skin Renewal Therapy Treatment

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 3 passes; level 10

Step 2: AESTHETIC ULTRASOUND

TOPICALS: SF Glycolic Acid DermMasque, SF Gliding Gel

Step 3: LED PHOTOTHERAPY

TREATMENT MODE: Skin Rejuvenation

Post-Treatment: SPF

**Treatment Notes:** Advanced treatment technique used for resurfacing portion of treatment.





#### The SaltFacial® Protocol For Pigment

Courtesy Of Ducharme Dermatology (2022)

Treatment Overview: 4 SaltFacial Skin Renewal Therapy Treatments

Pre-Treatment: Cleanser, Alcohol

**Step 1:** SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 2 passes; level 5

Step 2: AESTHETIC ULTRASOUND

 $\label{topicals:condition} \mbox{TOPICALS: (Treatments 1 \& 3) - SF Mandelic Acid DermMasque, SF Gliding Gel}$ 

(Treatments 2 & 4) - SF Glycolic Acid DermMasque, SF Gliding Gel

**Step 3:** LED PHOTOTHERAPY

TREATMENT MODE: Collagen Restoration

Post-Treatment: Revision DEJ Eye Cream, Revision Vitamin K Serum, Revision Intellishade

**Treatment Notes:** 1 treatment performed every 3 weeks. Extractions performed before each

treatment.









#### The SaltFacial®Protocol For Scar Revision

Courtesy of YMD MEDSPA (2022)

**Treatment Overview:** 1 SaltFacial Skin Renewal Therapy Treatment

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 1 pass; level 8

**Step 2:** AESTHETIC ULTRASOUND

TOPICALS: SF Gliding Gel

**Step 3:** LED PHOTOTHERAPY

TREATMENT MODE: Skin Rejuvenation

**Post-Treatment:** Cosmedix Post Treatment Kit

**Treatment Notes:** 1 SaltFacial Skin Renewal Therapy treatment performed. First photo

taken at time of accident, second photo taken pre-treatment, third photo

taken 7 days after SaltFacial treatment.







#### The SaltFacial® Protocol For Stretch Marks & Linea Nigra

Courtesy of Radiant Wellness By S & S (2023)

**Treatment Overview:** 1 SaltFacial Skin Renewal Therapy Treatment

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 5 passes; levels 7, 8, 9 (1 pass at levels 7-8; multiple passes to targeted areas at level 9)

Step 2: AESTHETIC ULTRASOUND

TOPICALS: SF Mandelic Acid DermMasque, SF Gliding Gel

Step 3: LED PHOTOTHERAPY

TREATMENT MODE: Skin Rejuvenation

**Post-Treatment:** Epionce Enriched Firming Mask + Oil

**Treatment Notes:** 1 full treatment performed.







#### The SaltFacial® Protocol For Dermatitis

Courtesy Of Smooth Aesthetics (2022)

Treatment Overview: 1 SaltFacial Skin Renewal Therapy Treatment + PRP

Pre-Treatment: Cleanser, Alcohol

Step 1: SEA SALT RESURFACING

# OF PASSES & INTENSITY LEVEL: 2 passes; levels 6 & 7

Step 2: AESTHETIC ULTRASOUND

TOPICALS USED: PRP, SF Gliding Gel

**Step 3:** LED PHOTOTHERAPY

TREATMENT MODE: Acne Light Therapy

**Post-Treatment:** PRP (applied immediately post-LED)

**Treatment Notes:** 1 full treatment performed to disinfect and heal. Moderate/high intensity

level used with salt to cleanse and resurface. PRP used with the

ultrasound and immediately following the LED.







**AFTER**