

## STANDARDIZED PROCEDURE & PROTOCOL FOR:

### **The SaltFacial® Skin Renewal Therapy**

The Salt Facial Skin Renewal Therapy is a **3-Step** treatment combining sea salt resurfacing, cavitation ultrasound, and LED phototherapy.

The Salt Facial Skin Renewal Therapy may be used for preventative, corrective, and maintenance purposes. The frequency and number of treatments required may vary based on the treatment plan, health of the treatment area, and depth of resurfacing performed. Most patients undergo a series of 4-8 treatments with 1 treatment every 10-14 days.

## TREATMENT STEPS:

### PREPARE TREATMENT AREA

Thoroughly cleanse and degrease the treatment area. Degreasing may be performed with isopropyl alcohol or Acetone. Allow the treatment area to dry completely before starting treatment.

\*A cleansing wipe may be used after cleansing to remove any remaining residue prior to degreasing.

### STEP 1 – SEA SALT RESURFACING

- 1** Power on the Sea Salt Resurfacing module using the On/Off toggle switch on the left side of the Sea Salt Resurfacing Control Panel.
- 2** Set the Intensity level to 10 by pressing the round +/- buttons located on each side of the Intensity display window. Turn the salt flow on using the Salt Flow toggle switch on the right side of the Sea Salt Resurfacing Control Panel. A green light will illuminate next to the Salt Flow switch to indicate the salt flow is on.
- 3** Prime the system by performing multiple passes on the back of a gloved hand until salt flow is initiated. Once salt flow has been confirmed, change the Intensity to the desired level for treatment.
- 4** Begin treatment. Complete 1 pass over the entire treatment area (with minimal to no overlap) before performing additional passes. Multiple passes may be performed in opposing directions (e.g., vertically, horizontally, diagonally) to ensure uniform coverage of the treatment area.
- 5** Once the resurfacing is complete, use soft gauze or a soft cloth to gently remove salt residue from the treatment area.

## STEP 2 – AESTHETIC ULTRA SOUND

- 1** Apply the preferred topical to the treatment area.
  - If using The SaltFacial DermMasques apply approximately 1 Tbs (3-5 pumps) of the preferred DermMasque to the treatment area.
- 2** Apply a thin layer of Gliding Gel to the treatment area.
- 3** Press and hold the ‘Power’ button on the front of the Aesthetic Ultrasound handpiece to power on. Confirm treatment settings are correct (50% duty cycle, 8:00 minutes, 1.85 W/cm<sup>2</sup>) then press the ‘Start/Stop’ button. Treatment will start once contact is made with the treatment area.
  - The ultrasound will not emit energy (sound waves) until placed in contact with the treatment area. When in full contact the blue light at the top of the ultrasound handpiece will illuminate, the treatment timer will start, and an audible beep will sound every few seconds.
- 4** Begin treatment by placing the ultrasound head on the treatment area. Move the ultrasound head in slow, circular, or linear movements over the treatment area. Avoid advancing beyond the orbital rim or using a stationary technique.
  - To pause during treatment, lift the ultrasound head off the treatment area. Treatment will resume once contact has been reestablished.
- 5** Complete treatment .Use dry, soft gauze or a soft cloth to remov eexcess Gliding Gel from the treatment area.

When treatment is complete the timer will flash 0:00 and an audible ‘beep’ will sound.

\*For a complete list of contraindications and precautions see The SaltFacial Aesthetic Ultrasound Operations Manual.

### STEP 3 – LED PHOTOTHERAPY

- 1 Place protective goggles over the patient's eyes, then position panels approximately 4-6 inches from the treatment area.
- 2 Turn on the LED Phototherapy Module using the Power button on the far left of the LED Phototherapy Control Panel.
- 3 Select the treatment mode by pressing the Mode button until the desired treatment mode is illuminated. Press and hold the On/Pause button down for 2-3 seconds until the white light on the far left of the control panel illuminates, then release.
  - Treatment times are preprogrammed. The lights will automatically turn off at the end of treatment.
- 4 Once treatment is complete, move the panels from the treatment area and remove the patient's protective goggles. Apply SPF to the treatment area. Preferred topicals may be applied prior to SPF.
- 5 Turn the LED Phototherapy Module off by pressing the Power button on the far right of the LED Phototherapy control panel.
  - Allow internal fans to stop before turning off the system.

\*For a complete list of contraindications and precautions see The SaltFacial LED Phototherapy Operations Manual.