

LED Quick Guide for

## The SaltFacial®

### Red & Blue Light / Acne Light Therapy:

USE FOR: ACNE-PRONE SKIN + SKIN REJUVENATION

**What it does:** 414nm Blue light destroys acne-causing P-bacteria beneath skin surface. 660nm Red light proliferates cell turnover – speeds up healing and increases healthy blood circulation. Improves healing and repair.

**Good For:** All ages and skin types.

**Recommended Protocol:** Twice per week x 4 weeks to control acne.

### Blue Light:

USE FOR: ACNE, STAPH, PHOTO-DYNAMIC THERAPY (PDT)

**What it does:** 414nm Blue light destroys acne-causing P-bacteria beneath skin surface. 9-minute program does not provide ‘rejuvenating’ benefits of Red light therapy, but may be used on it’s own to control more severe acne conditions.

**Good For:** All ages and skin types. Antibiotic-resistant acne.

**Recommended Protocol:** Twice per week x 8 weeks (up to 16 treatments).

### Collagen Stimulation / Red & Near-Infrared Light:

USE FOR: ANTI-AGING, SKIN TIGHTENING

**What it does:** 930nm deep penetrating NIR wavelength stimulates collagen while Red light proliferates cell turnover – speeds up healing and increases healthy blood circulation. Improves healing and repair.

**Good For:** Most skin types. AVOID USE on patients with active Rosacea or pronounced facial veins, as it will increase circulation.

**Recommended Protocol:** Twice per week x 6 weeks.

### Skin Rejuvenation / Red & Amber Light:

USE TO: REDUCE POST-TREATMENT REDNESS & SWELLING

**What it does:** 590nm Amber light reduces erythema and edema while Red light proliferates cell turnover, speeds healing and increases healthy blood supply and repair.

**Perfect for use after laser, chemical peels and micro-needling procedures.**

**Good For:** All skin types.